

Title: Communication, Part 1 (Serving your spouse in communication: building oneness through communication)
Intro:
Subject:
Purpose:
Theme: Prov. 25:11 & Prov. 18:11
Text: Eph. 4:25-32, 1Peter 3:8-12

I. What's at stake with Good Communication?

- A. Negatively
- B. Positively

II. The Definition of Good Communication

Note from Wayne Mack's book, "Strengthening Your Marriage

<https://coelefuncbruc1985.files.wordpress.com/2019/02/strengthening-your-marriage.pdf>

- A. A process of sharing information with another person in such a way that the sender's message is understood in the way he intended it to be understood.
- B. The art of conveying information and meaning in order to come to a common understanding.
- C. A process of sharing information with another person in such a way that the people involved are mutually strengthened, enriched, and encouraged, and thus experience harmony, unity, and emotional closeness.

III. The Principles of Good Communication (Eph. 4:17-32)

- A. You must please God more than anything else.
- B. You must be humble
- C. You must be born again
- D. You must know how to listen
- E. You must know that communication involves more than just words
- F. You must be willing to put forth the time and effort
- G. You must speak
 - 1. Verbal
 - 2. Non Verbal
 - 3. Every word spoken is accountable to God.

IV. III. The Practice of Good Communication; Eph. 4:25-32, 1Pe. 3:8-12

- A. Speak the truth
- B. Speak with love
- C. Speak currently
- D. Speak to build up
- E. Speak timely
- F. Speak cross drivenly
- G. Speak turning away from evil and doing good by being:

IV. Application/**SO WHAT?**

- What does "self control" have to do with becoming a good listener?
- Is there a place in godly communication for "a good argument"? Why/why not
- Agree or disagree, selfishness is the root of most communication problems; cite a verse?
- Comment on Pro 12:18 There is one whose rash words are like sword thrusts, but the tongue of the wise brings healing.